



RUN *the* FALLS 5K

Clifty Falls State Park



- WHO?** Runners and walkers of all ages are welcome!
- WHAT?** 5K Walk/Run winding over Clifty's paved roads.
- WHEN?** Saturday, September 24, 2011
Kids' K (ages 4-8): 8:00 am
5K Run/Walk: 8:15 am
- WHY?** To benefit Clifty Falls State Park and KDH's "Girls on the Run" program while sharing scenic family fun and fitness!
- WHERE?** Clifty Falls State Park Swimming Pool
- HOW?** Online registration at www.kdhhs.org
and at Clifty Falls State Park 7:30 am on race day!

Early Bird Fees (ends September 10):

\$15 (5K entry fee and long-sleeve t-shirt)
\$10 (5K entry fee, no shirt)
\$10 (Kids' K entry fee and long sleeve youth t-shirt)
\$ 5 (Kid's K entry fee, no shirt)

Regular Fees:

\$13 (5K entry fee)
\$8 (Kids' K entry fee)
A limited number of shirts will be for sale.

**Come join us for a fun run or walk during
Madison's Chautauqua Weekend!**



Parking, restrooms, and showers available at event headquarters.
For more information call King's Daughters Hospital at 812-265-0619
or Clifty Falls State Park Interpretive Center at 273-0609.